

## Forest Garden Plants

Plant	Deep Shade	Partial Shade	Sun	Spring Harvest	Summer Harvest	Autumn Harvest	Edible	Nitrogen Fixer	Deep Rooted	Insect Attractor	Adds Colour	NOTES
Apple Mint	X	X	X	X	X		Leaves					
Autumn Olive (Eleagnus)		X				X	Fruit	X	X		X	
Babbingtons Leeks		X	X			X	Bulb/ Stem					
Birds Foot Trefoil							Flowers/ Leaves	X		X		
Borage			X		X	X	Leaves			X	X	
Bowles Mint	X	X		X	X		Leaves			X		
Bugle		X								X		
Cardoon			X		X	X	Leaf Ribs / Flowerheads		X		X	
Ceanothus			X					X		X	X	
Chicory			X	X	X	X	Leaves / Root		X	X	X	
Comfrey		X							X	X		
Day Lilly			X		X		Flowers				X	
Egyptian Onions			X	X	X	X	Stems Seeds/ Leaves					
Fennel			X	X	X	X	Leaves Flower Buds / Leaf		X	X		
Giant Butterbur	X	X	X				Stalks					INVASIVE
Golden Saxifrage	X	X	X	X			Leaves					On Site
Good King Henry		X	X	X	X		Leaves					
Horseradish		X	X	X			Leaves / Roots		X			Invasive

**Forest Garden Plants**

Hosta	X			X			Leaf Shoots				X	
Lemon Balm		X		X	X	X	Leaves		X	X		
Liquorice		X					Root	X	X	X		
Lovage			X				Leaves / Stem		X	X		
Lupins			X					X	X	X	X	
Mallows	X	X		X	X		Leaves / Flowers / Fruits					
Marshmallow		X		X	X	X	Leaves / Flowers / Roots		X	X	X	
Mints			X				Leaves			X	X	
Monarda			X		X	X	Flowers			X	X	
Perennial Kale			X	X	X	X	Leaves					
Pink Purslane	X	X		X	X	X	Leaves				X	
Ransoms	X	X		X			X				X	On Site
Rhubarb	X	X		X	X		Stem		X			
Salad Burnett			X	X	X		Leaves		X			
Scorzonera			X	X		X	Leaves / Root / Flowers		X	X	X	
Skirret						X	Root		X			
Solomons Seal	X	X		X			Shoots				X	
Sweet Cicely		X	X	X	X		Leaves / Seeds / Roots			X	X	X
Tansy							? Flowerheads / Leaves		X	X	X	
Turkish Rocket		X	X	X	X				X			

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Violets	X	X		X		Flowers / Leaves			X	
White Deadnettle		X		X	X	Leaves / Shoots		X	X	INVASIVE
Wild Strawberry		X	X		X	Leaves / Fruit				
Wood Sorrel	X			X	X	Leaves / Flowers		X		
Yarrow							X	X	X	